



Reset. Refresh. Reveal.

This 90-Day program, meant to guide you, while holding you accountable, as you take strategic baby steps toward revealing a whole new you.

This program is a complete package - 3 Wellness Consultations with tailor-made protocols, 3 RBTI tests & clinical assessments, 1 DesBio (homeopathic) Detox System, 1 Lymphatic Drainage Kit with training and an optional Functional Blood Analysis.

I am excited to watch you transform during this program, which will give you a jump start to achieving wholeness.

Reset, Refresh, Reveal 90-Day Program

Be renewed
in the spirit of your
minds, and to put on
the new self.
Ephesians 4:24

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- **RESET Planning Session: Days 1 - 30**
 - 60-minute Wellness RESET Consultation (30-day protocol)
 - RBTI Testing & Clinical Assessment
 - Functional Blood Analysis (labs ordered, but not included in program cost)
 - Lymphatic Drainage Kit & Training
 - Concierge Texting Service
 - OPTIONAL: 60-Minute HRV Biofeedback Therapy*
- **REFRESH Planning Session: Days 30 - 60**
 - 30-minute Wellness REFRESH Consultation
 - 2nd RBTI Testing & Assessment
 - DesBio Homeopathic Detox Kit & Coaching
- **REVEAL Planning Session: Days 60 - 90**
 - 30-minute Wellness REVEAL Consultation
 - 3rd RBTI Testing & Assessment
 - Long-term Targeted Action Plan

20% OFF:

\$699 (Retail Value \$864)

- Additional HRV Biofeedback Therapy Sessions: \$75 each during the RRR Program.